



13 KEY QUESTIONS TO ASK YOUR PRESCRIBER WHEN TAKING ADHD MEDICATION

1. What type of medication is this? Stimulant or non-stimulant?
2. How does this medication work in my brain? How does it help my ADHD?
3. What negative side effects are normal with this medication?
4. What health monitoring checks need to be done, if any?
5. Are there any side effects that would warrant me to call you or stop taking this medication?
6. How will I know if this medication is working? What will I notice that is different?
7. When do I take this medication? Does it matter if I take it in the morning or at night?
8. Do I need to take this medication every day?
9. If I want to stop taking this medication, how do I need to do that?
10. Do I take this medication with or without food? Does it matter?
11. How long will this medication take to start working once I take it?
12. How long do the effects of this medication last after I take it?
13. What is the plan with regards to following up and adjusting the dose of this medication? When is our next appointment?